

*****PLEASE** do not send snacks with peanuts or any kind of nut. We have a student in our class who might be allergic to them. If her status changes after some testing, I will let you know. Otherwise I appreciate your care in this matter.

Anytime Snacks

Fresh, canned or dried fruit (cut & ready to eat)

Fresh vegetables (cut & ready to eat)

You may bring fruit or vegetable dip with these if you wish

Whole wheat or low fat crackers

Snack mixes made with popcorn and whole grain cereal

Chex mix, popcorn

Various trail mixes

Low fat breads and muffins

Flavored rice cakes

Pretzels

Granola and granola bars, and/or any other healthy snacks

Sometime Snacks

Snacks full of processed sugar

Cookies

Cupcakes

Candy

Pop

Cookie or cake bars

Popsicles

Any other sugar or fat filled snack or junk food